

Alan Stirling and his committed team at Southleigh are proud to share their latest report from the Care Quality Commission.

Care Quality Commission Visit Feedback Summary

Name of Commissioner: Robert Tunmore

Date of Visit: 20th August 200

Visit Ref	Provider/Trust	Location/Ward		
19301	In mind Healthcare Group	Southleigh Community		
<p>The Mental Health Act Commissioner would wish to bring the following items to your attention and where necessary agree follow-up action. Please note that the Care Quality Commission will not be issuing a formal written report following this visit. Provider managers are also asked to note that this document has been prepared at the end of the visit. It is designed to provide a summary of the key issues arising. These will be followed up by Commissioners or the CQC staff.</p>				
Issue No.	Category	Details	Response	Target Date
1.		Just 1 resident detained under the Mental Health Act		
2.		No items of concern to bring to your attention		
3.				
4.				

Summary Of Feedback Requiring No Further Action

Mental health Act records were in good order. Southleigh Community's systematic approach to record keeping and auditing of records is highly commended. The Assessment of Capacity to Make a Decision' documentation was also reviewed during the visit (attached for information). Section 132 - Rights and Information were reviewed every 6 months. Leave arrangements were clear to the detained patient and he was aware of his rights under the Mental Health Act.

The activity programme covers a range of activities including cookery, gardening, football, swimming and a current affairs group. The detained patient described a meal he had cooked (Rastafarian Porridge) that demonstrated staff acknowledgement and understanding of faith and cultural preferences. Residents were involved in a consultation on the types of activities that they would like. Recent day trips included a visit to Brighton and to the zoo. Residents had also been involved in summer barbecues. A robust approach to safety and risk management was set out outlined in terms of its application to the activity programme

Proactive approaches to social inclusion of residents were evident, for example, many residents, including the detained person, had registered or were attending interviews for the September enrolment for adult education programmes with local colleges. The detained resident had also recently been nominated by fellow residents as their service user representative for the Clinical Governance Meeting and was able to set out what this would involve.

Input from multidisciplinary team evident, including nurses, occupational therapist, social workers and psychologists, approaches for family support/liaison identified. Regular visits from Doctors acknowledged by residents.

Improved approaches to care planning increased the involvement of residents. 'Southleigh Community Guiding Principles' were set out in a code of practice in each resident's care plan. These address Empowerment, Equity - being fair, Effectiveness of Treatment, and Efficiency. Care plans were typed, each detailed and specific to each resident's individual circumstances, with, for example, the identification of relapse factors integrated throughout. The comprehensive care plan includes a section on their legal needs in relation to the Mental Health Act

Recovery training in place for all staff involved in regular contact with residents 'Whole staff approach' described as a key part of Southleigh Community philosophy of care for residents. No agency staff were employed because of the importance placed on the therapeutic relationships between staff and residents

In Mind Healthcare Group is setting up a new medium secure service in Battersea with outreach services linked to current services. It was also noted that the website, providing information about the services has been updated and improved since the last visit. www.inmind.co.uk

Summary of Feedback Given

Name of Commissioner	Robert Tunmore	Date Copy of Form Issued
Name of Ward Manager/Senior Staff Member	Penny Arnold	
Name of Relevant Line Manager		
Name of Mental Health Act Manager		

Name of person given the patient Identifier sheet [if used]		
Name and contact details of person responsible for this response		